



BITES

PLATES

Lemon Poppy Summer Salad

Mixed Local Greens | Cucumber | Radish |

Spiralized Beets | Roasted Sunflower Seeds |

Lemon Poppy Seed Dressing | \$15

Protein Add Ons

Housemade Falafels & Cashew dip | \$5

Garlic Butter Seared Prawns | \$7

Fried Halloumi | \$7.50

Sweet Potato Gnocchi | Sundried Tomato Pesto |

Spinach | Cherry Tomatoes | Toasted Seeds |

\$19.50

Add Ons

Goat Cheese for \$4

Garlic Butter Prawns for \$7

Oatmeal Stout Béchamel

Pasta

Bow Tie Pasta | Honey Ham | Onions |

Garlic | Chestnut Mushrooms | Our Oatmeal

Stout Béchamel | Topped with Greens &

Feta | \$18.5

*Make Veggie by subbing Ham for Kalmata

Olives*

Protein Add Ons

Garlic Butter Seared Prawns | \$7

I'll Be

Madamned Burger

Beef patty infused with a NBC

"Blackheart" oatmeal stout | caramelized

onion aioli | sliced honey ham | butter

lettuce | sliced red onion | baby dill

pickles | Gruyère cheese | Parmesan

crusted brioche bun with a baked egg

nestled inside | Served with our Cheesy

Béchamel Sauce to Dip into

Choice of side: Soup or Salad \$24.5

Vegetarian & GF options available. No vegan

option.

House Made Gnocchi (V)

BOARDS

Most Boards Contain Nuts

The Classic

Aged Gouda | Goat Cheese | Beer & Orange Salami | Coppa | Pickled Red Onions | Candied Walnuts | Olives | Apricot Jam | Maple Mustard | Baguette single \$24 | double \$48

The Hedonistic

Aged Farmhouse Cheddar | Blue Cheese |
Lamb Prosciutto | Elk Goteborg | Olives |
Candied Walnuts | Pickled Red Onions |
Smoked Zucchini Relish | Red Pepper Jelly |
Baguette
single \$28 | double \$56

Cheese Board (V)

Aged Gouda | Aged Farmhouse | Blue Cheese | Goat Cheese | Pickled Red Onions | Olives | Dark Chocolate | Red Pepper Jelly | Maple Mustard | Baguette single \$23 | double \$46

Persephone Board (VG)

Seasonal Hummus | Dolmadakia | Olives | Cherry Tomatoes | Cucumber | Housemade Falafels | Cashew Cilantro Dip | Candied Walnuts | Baguette single \$22 | double \$44

The Lost Souls

Your Choice of Two Single Boards On One Double Board

The Party!

Tasting board, get to sample it all!

Half size (2-3 ppl) - \$75

Full Size (4-6 ppl) - \$145

Extra Baguette / GF Sourdough \$4.5

Vegetarian (V), Vegan (VG)

Oil N' Vin (VG)

Ask Your Server For Our Current Selection |

Baguette* |\$9

Just Oil Add On | \$4

House Made Chips & Dip (VG)

Paprika & Garlic Corn Tortilla Chips | Vegan Cashew, Lime & Cilantro Dip

Fried Fish Strips (GF)

Gluten Free cornflake crust | Herbs & Spices | House made tartar dip | White Fish | Lemon

Seasonal Hummus (V, GF option)

Garlic Hummus topped with Kalamata Olives & Sundried Tomatoes | Grapefruit White Balsamic Drizzle | \$16 Add on: Goat Cheese for \$4

Deep Fried Halloumi (V, GF)

Served with a Jalapeño, Garlic & Sundried Tomato Honey

\$15

Cheesy Garlic Baguette (V)

Provolone Cheese | Garlic Butter | Baguette

Shrimp Dip (GF option)

Cooked shrimps in a coconut, parmesan and creole spice dip. Served with baguette



Loaded Flatbread

Lamb Prosciutto | Whipped Feta |
Carmalized Onions | Cherry Tomatoes |
Candied Walnuts | Mixed Greens | Black
Cherry Balsamic Drizzle

Make it veggies by subbing Lamb for Kalamata Olives

New Item +

Gluten Free (GF),

Food Created By Courtney Craig



SANDWICHES

__ Monday - Friday 3 - 5 pm Saturday & Sunday 11-5 pm

Brie & Apple Baguette (V)

Triple Cream Brie | Apple | Canadian Maple Mustard | Baguette | \$15

Coppa & Provolone Baguette

Coppa | Provolone | Red Pepper Jelly | Crispy Pickled Red Onions | Arugula | Baguette | \$18.5

Falafel Wrap

House made Falafels | Seasonal Hummus | Pickled Red Onion | Cucumber | Cherry Tomato | Spinach | \$17

Fish Finger Sandwich

House made Fish Strips | House Made Tartar Sauce | Spinach | Sourdough bread \$17.5

Add Side Salad To Your Sandwich for \$6

BUILD YOUR OWN BOARD OR BAGUETTE

\$4 starting price

Classic Dessert Board

Plant Based Dessert | Brownie | Fresh Fruit | Mango Coulis | \$29

Deluxe Dessert Board

Try all desserts | \$45

*

MITCHING HOUR

Everyday 3-5 pm

Solo Baroness Burger

(V&GF options)

\$2 off All Bites



Cauldron Crafted Picklings:

500 ml mason jars

Pickled Carrots - \$10 Pickled Red Onions - \$10

D ESSERTS

Chocolate Ganache Cake (GF)

Buttercream Ganache | \$16

Clos du Soleil - Saturn 2018

Whispered Secret Vineyard, Keremeos, BC Sweet Dessert Wine | 100% Sauvignon Blanc 1 oz \$4 | 2 oz \$7.5 | 3 oz \$10

ONS

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Cured Meats: Lamb Prosciutto - \$6.5 Duck Salami - \$6

Coppa - \$5.5

Elk Goteborg - \$5.5

Cheeses:

Aged Gouda - \$4.5

Aged Farmhouse - \$5.5

Blue Cheese - \$6.5

Goat Cheese - \$4.5

Triple Cream Brie - \$5

Provolone - \$4.5

Diverse:

Pickled Red Onions - \$3 Candied Walnuts - \$3

Dolmadakias - \$3

Falafels - \$5

Sauces:

Smoked Zucchini Relish - \$3

Apricot Jam - \$3

Maple Mustard - \$3 Red Pepper Jelly - \$3

Vegan Carrot Cake

¢15

Rotating Brownie

Ask your server | \$14

Our mission is to buy products as local to Nelson as possible & within BC.



All of our cheeses & meats are sourced from trusted partner farms across BC.

They are all produced without any hormones, antibiotics, or chemical feed additives

Food Created By Courtney Craig